

Top three- Males

Michael O'Neill	00:33:02
Paul Sankey	00:33:09
Richard Shearer	00:33:33

Top three- Females

Joanne Nelson	00:43:42
Lisa Gawthorne	00:44:07
Rebecca Raffo	00:44:10

16-25

James Boyle	00:39:41
Stephanie Tittershill	00:48:29

26-35

Michael O'Neill	00:33:02
Lisa Gawthorne	00:44:07

36-45

Paul Sankey	00:33:09
Joanne Nelson	00:43:42

46-55

Roy Woodland	00:37:12
Ann Wadsworth	00:50:10

55+

Cliff Utting	00:44:38
Carol Douglas	00:49:28